

# The co-operative good with food

Offers available 18th August to 7th September 2010 unless otherwise stated

**ANY 3 FOR £10**

# The co-operative good with food

Offers available 18th August to 7th September 2010 unless otherwise stated

**SAVE OVER £52 WITH THESE DEALS**



**AS SEEN ON TV**

Serving suggestion



**£4.00**  
The Co-operative 10 Fresh Beef Burgers 855g



**£4.00 each**  
The Co-operative Elmwood Hot and Spicy Chicken/Garlic and Herb/Chinese Chicken Thighs and Drumsticks 1.2kg



**£4.00**  
The Co-operative Hot & Spicy Pork Loin Steaks 420g



**£4.00 each**  
The Co-operative 8 Jumbo Cumberland Sausages 840g, The Co-operative 8 Jumbo Pork Sausages 840g



**2 FOR £5**

**£4.27 each**  
The Co-operative Soft Bathroom Tissue 9 Roll



**HALF PRICE**

**£4.49** ~~£8.99~~  
Seraphine Reserve Cabernet Sauvignon/Chardonnay/Syrah Rose 75cl

**AS SEEN ON TV**



**HALF PRICE**

**£2.00** ~~£4.00~~  
The Co-operative British Strawberries 400g  
The Co-operative British Raspberries 170g  
The Co-operative Blueberries 225g



**HALF PRICE**

**£3.00** ~~£6.00~~  
The Co-operative British Dry Cured Breaded/Honey Roast Ham 300g

**Contact Us** Made using 100% recycled paper

**Freephone** 0800 0686 727 7 days a week  
**Freepost** Co-operative Freepost-MR9473 Manchester M4 8BA  
**Email** customer.relations@co-operative.coop  
**Website** www.goodwithfood.co.uk

**The co-operative membership**

**Remember to use your membership card every time you shop with us!**

**Under 25?** If you look under 25 please do not be offended if we ask for proof of your age when you buy alcohol [drinkaware.co.uk](http://drinkaware.co.uk) for the facts about alcohol

Remember to drink responsibly. For information on sensible drinking and to work out how many units are in each bottle or can, visit [DRINKAWARE.CO.UK](http://DRINKAWARE.CO.UK)

Offers available from selected stores. To find your nearest participating store, please call the freephone number above. Varieties as stocked. All offers subject to availability whilst stocks last. See in-store for details. It is an offence to sell alcohol to anyone under the age of 18. Alcohol only available in licensed stores. Prices correct at time of going to print. Equivalent prices relate to promotional prices. The cross out prices shown in this leaflet or higher retail prices were previously charged in over 500 Co-operative stores. The Co-operative Soft Bathroom Tissue 9 Roll Equivalent to: 27.8p per item. The Co-operative British Raspberries 170g Equivalent to: £11.76 per kg. The Co-operative British Strawberries 400g Equivalent to: £5.00 per kg. The Co-operative Blueberries 225g Equivalent to: £8.89 per kg. The Co-operative British Dry Cured Breaded/Honey Roast Ham 300g Equivalent to: 99.7p per 100g. Bunnings Jamie Dodgers 150g Equivalent to: 33p per 100g. Walkers Quavers/Monster Munch 10 Pack Equivalent to: 12.5p per item. Capri Sun 10x200ml Equivalent to: 8.1p per 100ml. Nipal Petit Fruits 9x40g Equivalent to: 30.4p per 100g. Maryland Cookies 150g Equivalent to: 29.7p per 100g. Thrift Pockets Kitchen Towels 2 Roll Equivalent to: 50p per item. The Co-operative 20 Sun1 Dishwasher Tablets 400g Equivalent to: £3.75 per kg. Nesto Aero Mousse 4x58g/4x59g Equivalent to: 30p per 100g. KP Assorted Discos 10x28g Equivalent to: 40.7p per 100g. Head & Shoulders Shampoo/Conditioner 250ml Equivalent to: 59.8p per 100ml. Pantene Shampoo/Conditioner 200/250ml Equivalent to: 62.5p per 100ml. Cadbury Fruit & Nut/Crunche Blast Ice Cream Bars 3x90ml/3x100ml Equivalent to: 51.5p per 100ml. Honey Monster Sugar Puffs 450g Equivalent to: 28.7p per 100g. Bold 2 in 1 Gel - 18 Washes 592/667ml Equivalent to: £5.07 per Litre. Lenor Concentrated Fabric Conditioner 21 Washes (excludes Infusions) 750ml Equivalent to: £1.33 per Litre. Ben & Jerry's Ice Cream 500ml Equivalent to: 40.8p per 100ml. Discovery Mexican Fajita Season & Sauce 382g Equivalent to: 26.1p per 100g. The Co-operative Charlotte Potatoes 750g Equivalent to: £1.33 per kg. Mini Babybel 120g Equivalent to: £8.33 per kg. Utterly Buttery 500g Equivalent to: £2.00 per kg. Discovery Tortillas 320g Equivalent to: 31.3p per 100g. Kit Kat Chunky 4x50g Equivalent to: 50p per 100g. Mr Kipling Bakewell Slices 6s Equivalent to: 16.7p per item. Ginsters Original Cornish Pasty 227g Equivalent to: 44.1p per 100g. The Co-operative 10 Fresh Beef Burgers 855g/The Co-operative Elmwood Hot and Spicy Chicken Thighs and Drumsticks 1.2kg/The Co-operative Elmwood Garlic and Herb Thighs and Drumsticks 1.2kg/The Co-operative Elmwood Chinese Chicken Thighs and Drumsticks 1.2kg/The Co-operative 8 Jumbo Cumberland Sausages 840g/The Co-operative 8 Jumbo Pork Sausages 840g/The Co-operative Hot & Spicy Pork Loin Steaks 420g Equivalent to: £7.93 per kg.

Offers available at both **The Co-operative** and **Somerfield** stores unless otherwise stated

# Outstanding value on your weekly shopping



**99p** each  
Burtons Jammie  
Dodgers  
150g

**BUY ONE  
GET ONE  
FREE**



**£2.50** each  
Walkers Quavers/  
Monster Munch  
10 Pack

**BUY ONE  
GET ONE  
FREE**



**£3.25** each  
Capri Sun  
10x200ml

**BUY ONE  
GET ONE  
FREE**



**£2.19** each  
Yoplait Petit  
Filous Frubes  
9x40g

**BUY ONE  
GET ONE  
FREE**



**89p** each  
Maryland Cookies  
150g

**BUY ONE  
GET ONE  
FREE**



**£2.00** each  
Thirst Pockets  
Kitchen Towels  
2 Roll

**BUY ONE  
GET ONE  
FREE**



**£3.00** each  
The Co-operative  
20 5 in 1 Dishwasher  
Tablets 400g

**BUY ONE  
GET ONE  
FREE**



**£1.39** each  
Nestlé  
Aero Mousse  
4x58g/4x59g

**BUY ONE  
GET ONE  
FREE**



**£1.14** ~~£2.29~~  
KP Assorted Discos  
10x28g

**HALF  
PRICE**



**Let's raise  
£300,000**  
to help get children out and about

The **co-operative**  
in partnership with  
**variety club**  
the children's charity



**BUY ONE  
GET ONE  
FREE**

**£2.54** each  
Head &  
Shoulders  
Shampoo/  
Conditioner  
250ml



**BUY ONE  
GET ONE  
FREE**

**£2.50** each  
Pantene Shampoo/  
Conditioner  
200/250ml



**£1.39** ~~£2.79~~  
Cadbury Fruit & Nut/  
Crunchie Blast  
Ice Cream Bars  
3x90ml/3x100ml

**HALF  
PRICE**



**£1.29** ~~£2.59~~  
Honey Monster  
Sugar Puffs  
450g

**HALF  
PRICE**



**£3**

~~£4.49~~  
Bold 2 in 1 Gel  
18 Washes  
592/667ml



**2 FOR  
£2**

**£1.82** each  
Lenor Concentrated  
Fabric Conditioner  
21 Washes  
(excludes Infusions)  
750ml



**£2.04** ~~£4.09~~  
Ben & Jerry's  
Ice Cream  
500ml

**HALF  
PRICE**



~~£1.89~~  
Discovery Mexican  
Fajita Season  
& Sauce  
382g

**£1**



The Co-operative  
Charlotte Potatoes  
750g

**£1**



~~£1.67~~  
Mini Babybel  
120g

**£1**



~~£1.65~~  
Utterly Butterly  
500g

**£1**



~~£1.59~~  
Discovery Tortillas  
320g

**£1**



Nestlé Kit Kat  
Chunky  
4x50g

**£1**



~~£1.52~~  
Mr Kipling  
Bakewell Slices  
6s

**£1**



Ginsters Original  
Cornish Pasty  
227g

**£1**

Not all products shown will be available in all stores. Procter & Gamble will donate 2p to the Variety Club for certain products purchased from The Co-operative and Somerfield. Participating brands are: Ariel, Lenor, Fairy Non Bio, Bold, Fairy, Flash, Febreze, Pampers, Pantene, Silvikrin, Herbal Essences, Head & Shoulders, Tampax, Always, Gillette Fusion, Venus, Oral-B. The campaign will run in store from 28th July until 7th September 2010. Procter & Gamble UK will donate a minimum of £300,000 to the Variety Club. The Variety Club is a registered charity in England and Wales (209259) and Scotland (SC038505). Promoter: Procter & Gamble UK, Weybridge, Surrey KT13 0XP.